

3 Steps To Get *God's Peace*

www.ReneeSwope.com

Based on Philippians 4:6-7

Stop worrying.

Press the pause button on all of your thoughts and concerns.

Start praying.

Talk to God about everything that's on your mind. Ask Him if worries or your workload are making you weary and what you need to adjust.

Keep thanking God.

Thank God for what He's done in the past and will do in the future, to remind your heart of how good He is at being God.

[#AConfidentHeart](#)