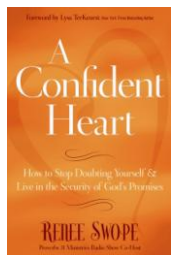


Replace a lack of self-confidence with lasting God-confidence!

Do you ever feel like you're not good enough, smart enough, or valuable enough? Do words you say to yourself, or hear from others, make you question your worth and purpose? Renee Swope understands. Even with a great family, a successful career, and a thriving ministry, she still struggled with paralyzing self-doubt. In *A Confident Heart*, Renee is the voice of a friend who candidly, and sometimes humorously, shares her story of struggling with doubt and the powerful Truths that transformed her life--and others! Based on her survey of 1,200 women, she identifies common triggers of insecurity and illustrates how we can rely on the power of God's promises so that we find the security we need and the confidence we long for!



Chapter by chapter, *A Confident Heart* helps readers:

- Learn how to *fail forward* even when life or sin sets them back
- Discover their God-given purpose, passion, and personality
- Live free from people-pleasing and performance-based living
- Exchange “against me” thoughts with scripture-based God is “for me” thoughts
- Trust the certainty of God’s promises in the uncertainty of their circumstances and emotions

Powerful scripture prayers are at the end of each chapter, along with Bible study questions and a chart with thirty-one different promises to overcome our most common self-doubts. Foreword written by Lysa TerKeurst, New York Times Best-selling author.

Endorsements:

“You’ll never be the same after you read this book!”—**Sheri Rose Shepherd**, bestselling author of *His Princess* and *His Princess Bride*

“I’m so excited about Renee’s book. She’s walked this journey and gives us the gift of truths she’s discovered that will sweep away self-doubt and usher in the godly confidence we’ve been longing for our whole lives!”
— **Lysa TerKeurst**, New York Times Best-selling Author and President of Proverbs 31 Ministries

“I felt like *A Confident Heart* was written just for me. Renee’s depth, wisdom, and willingness to be real while sharing the *real* of Jesus blessed me beyond measure!”—**Abby Rike**, *Biggest Loser*, Season 8; author of *Working it Out*

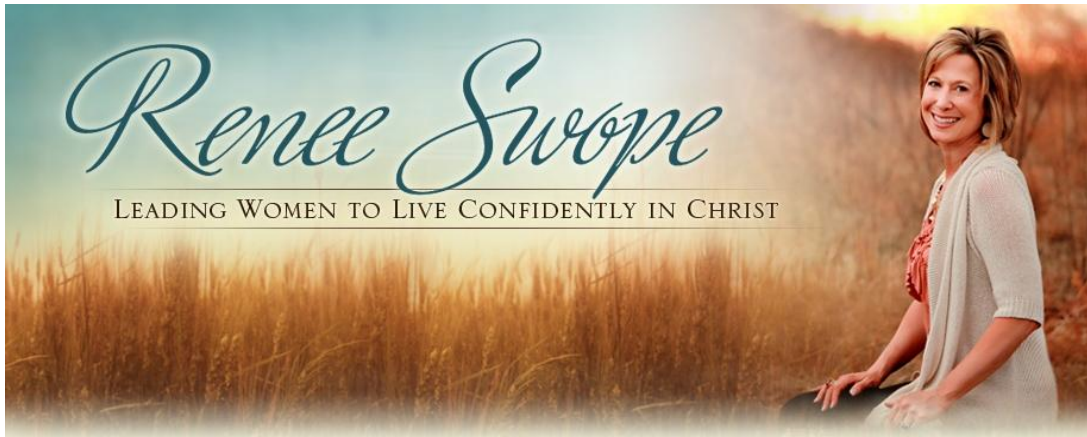
“*A Confident Heart* is a captivating, story-driven book with real solutions to real doubts and fears we all face.”—**Jennifer Rothschild**, author of *Me, Myself and Lies*; *Founder of WomensMinistry.net*



Renee Swope is a national women’s conference speaker and radio show co-host for Proverbs 31 Ministries’, one of the leading women’s ministries in America. She currently serves as Executive Director of Devotions and Radio. Renee’s also a contributing author to three additional books, including a Gold Medallion finalist and a People’s Choice Award finalist, as well as several online and print magazines. Renee is featured writer for *Encouragement for Today* online devotions that touched over 450,000 lives each day across the world. She lives in North Carolina with her husband and three children. For more information about Renee visit: ReneeSwope.com



A Confident Heart (ISBN: 978-0-8007-1960-9, \$13.99, 240 pages, August 2011) is published by **Revell**, a division of Baker Publishing Group. **Revell** offers practical books that bring the Christian faith to everyday life and publish resources from a variety of well-known brands and authors, including their partnership with MOPS (Mothers of Preschoolers) and Hungry Planet.



About Renee Swope

Renee Swope is a national women's conference speaker, co-host of Proverbs 31 Ministries' international radio program and author of "*A Confident Heart*." For 16 years, Renee has served on the leadership team that grew Proverbs 31 Ministries from a small newsletter to one of the leading

Through her written and spoken words, Renee leads women to find complete confidence in Christ by showing them how to live daily in the security of God's promises. Seasoned with laughter and saturated with Truth, Renee's messages are filled with powerful Biblical insights and practical life-applications that show women how to:

- Identify and overcome the most common triggers of doubt
- Replace wavering self-confidence with lasting God-confidence.
- Exchange "against me" thoughts with scripture-based God is "for me" thoughts
- Break free from people-pleasing and performance-based living
- Overcome fear-filled thinking with faith-filled believing
- See beyond who they are to who they are becoming - in Christ

Renee is also a featured author for *Encouragement for Today* devotions that reach over half a million readers around the world each weekday, as well as *God's Purpose for Every Woman*, *Leading Women to the Heart of God* and *The Reason We Speak*. She lives with her husband and three children in North Carolina. To find out more about Renee visit her interactive website at www.ReneeSwope.com .



About Proverbs 31 Ministries

For 16 years Renee has served on the leadership team that grew Proverbs 31 Ministries from a small newsletter to one of the leading and fastest-growing women's ministries in America. She currently serves as Executive Director of Devotions and Radio and the P31 radio show co-host that airs on over 1500 outlets across the world. Proverbs 31 Ministries exists to be a trusted friend who will take you by the hand and walk by your side, leading you one step closer to the heart of God through:

- *Encouragement for Today*, online daily devotions reaching half a million each weekday
- *P31 Woman*, a monthly magazine
- International daily radio program that air on over 1500 outlets across the world.
- Dynamic speakers with life-changing messages
- Gather and Grow groups
- Books and resources

To learn more about Proverbs 31 Ministries, visit www.Proverbs31.org.

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