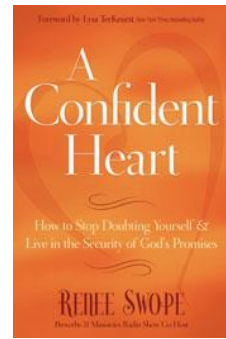




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## **Suggested Interview Questions For *A Confident Heart* by Renee Swope**

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1. How does doubt affect our relationships with other people and even with God?
2. In your book, you talk about the “triggers” of self-doubt. What are some of the most common things that happen to make us start doubting ourselves?
3. For most of your life you didn’t tell anyone you struggled with insecurity or self-doubt. Why don’t we talk about our lack of confidence and self-worth?
4. How did you learn to overcome self-doubt? Did God just give you confidence one day?
5. You surveyed 1,200 people while researching the topic of your book. Did all of those know that they struggle with self-doubt? How do we know if self-doubt is an issue or struggle for us?
6. How does your book help people replace a lack of self-confidence with lasting God-confidence?
7. What are some practical ways our viewers can overcome their lack of self-confidence and find lasting God-confidence?
8. Tell us about your 7-Day Doubt Diet and how does it work?